

Gary L. Berkley: Bio

Coach Berkley is an accomplished leader, currently pursuing a Doctorate in Kinesiology with emphasis in strength and conditioning, based in Seguin, Texas. With over 20 years of diverse experience in educational and military environments, Gary has established himself as a recognized authority in project management, leadership development, and organizational growth. His expertise lies in fostering operational excellence and driving transformative change through innovative cost control and resource management strategies.

Currently serving as a Strength and Conditioning Coach for the Seguin Independent School District since August 2020, Gary has successfully designed and implemented personalized training programs tailored to athletes of varying levels. His commitment to athlete success is evident through his comprehensive assessments and engaging group training sessions, where he emphasizes correct form, injury prevention, and motivational support.

Prior to his current role, Gary was a Health Science Instructor and Running Backs Coach at the same school district from August 2017 to August 2020. In this capacity, he developed an engaging health science curriculum that prepared high school students for careers in the health sector while also leading the football team's running backs to enhance their performance and teamwork.

Gary's professional journey includes significant roles such as Senior Program Manager in San Antonio, where he led cross-functional teams to deliver projects ahead of schedule and under budget, and Senior Operations and Training Manager in Augusta, Georgia, where he implemented comprehensive operations strategies that boosted organizational efficiency.

Gary holds a Master's degree in Corporate Health and Wellness from California University of Pennsylvania and a Bachelor's degree in Corporate Training and Development from Wayland Baptist University. He has also earned graduate certificates in Sports Conditioning, Lean Six Sigma, and Six Sigma Green Belt from A.T. Still University and Villanova University, respectively.

His skill set encompasses strategic planning, project management, regulatory compliance, training and development, and leadership coaching, making him a versatile asset in any organizational setting. Gary's unwavering commitment to enhancing productivity and efficiency equips both individuals and organizations to navigate complex challenges successfully.