

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, January 25th, 2017

- Julie Steele called the meeting to order at 5:03
- All were welcomed to the meeting and asked to introduce themselves. In attendance- Julie Steele, Chela Stevens, Mark Dibble, Danna Dyess, Rebecca Ferris, Beth Loyer, Michele Meehan, Kirsten Legore, Stephanie Tate, Elaina Reihl, Kera Caraway, Mary Shahan, Lisa Sepeda, Jacob Galvan, Joe Alcala, Elisa Carter, Pete Silvius.
- Julie Steele shared information about the exciting opportunity that she has been selected for as a contestant in the *HEB Slim Down Show Down*. Julie asked that all of us support her efforts in the challenge by reading, sharing and liking her blog at www.sdsd.heb.com
- October SHAC meeting minutes were approved with a motion by Mark Dibble and second by Julie Steele.
- Program updates-
- With grant funding from Texas Department of Agriculture, SISD offered training to K-8 campuses related to coordinated school health. All campuses were invited to send their Wellness Team for training on December 5th 2016 and all K-8 district physical education staff and City of Seguin JAAM program staff were trained on January 3rd 2017. These training support the SISD adopted coordinated school health curriculum CATCH (Coordinated Approach to Child Health).
- The Seguin ISD Wellness Policy and Wellness Plan were reviewed. The Wellness Policy was recently revised to meet USDA requirements. SISD School Board adopted the revision on December 13th 2016. Pete explained that the adopted Wellness Policy establishes the requirement and expectations of the SISD School board. The Wellness Plan is a living document that defines how the district staff will meet the requirements established in the policy. The SHAC was asked to again review both documents to be sure that all sub-committee activities and goals support the policy and that the plan is meeting the concerns and priorities of the SHAC.
- Sub-committees met to start work to establish goals and to schedule a sub-committee meeting to happen before the next SHAC meetings. Each Sub-committee Chair will establish this time and share goals of the sub-committee next few weeks.
- Upcoming events-
- February 25th Julie Steele will be hosting a workout with the Mayor in Seguin Central Park at 9am. All are invited.
- On March 25th the SISD PE department and the Seguin Education Foundation will host a family friendly 5K, The *Healthy Nut Run* at Starcke Park.
- A SISD Family Camping event will be offered to the Seguin Community on March 31st-April 2nd at Garner State Park in Concan, Texas. All are invited to participate in the free event.
- The meeting was adjourned at 6:04.
- **Our next SHAC meeting is scheduled for April 19th 2017.**