

**Seguin Independent School District
School Health Advisory Council
SHAC
Minutes, May 17th, 2017**

- Pete Silvius called the meeting to order at 5:05
- All were welcomed to the meeting. In attendance- Michele Meehan, Kera Caraway, Lisa Teneyuque, Joe Alcala, Deborah Mahan, Elaina Reihl, Kirsten Legore, Lisa Rios, Charla Bading, Alfred Walker, Lisa Burns, Dot Whitman, Pete Silvius.
- April SHAC meeting minutes were approved with a motion by Deborah Mahan and second by Lisa Burns.
- Discussion continued related to the Salud America proposal to help Seguin ISD and the SPVO to develop an initiative to promote increased water consumption with the installation of bottle fill stations. Lisa Burns and Kera Caraway suggested that a SHAC committee develop and plan that could be shared with campus SPVO members to create a fundraiser to purchase bottle fill stations. Lisa, Kera, and Pete will meet this summer to develop the plan. Any other SHAC members who are interested are invited to attend also. A meeting date will be shared in the coming weeks.
- Pete shared an opportunity for Seguin ISD to partner with UT School of Public Health to participate in a research study utilizing a program titled iCHAMPSS. This program is a system that helps a school district to evaluate sexual health curriculums and select a curriculum that will meet the community's needs and expectations. Pete explained that this opportunity is exciting because the timing is perfect for our SHAC, who continues to look to update our adopted sexual health curriculum.
- Lisa Burns asked to revisit the discussion the SHAC started in the fall related to concerns about the "slushies" served on the cafeteria line in all of our Seguin schools. Lisa explained that the dental office that she and her husband own now could see signs of the "slushies and Hot Cheetos on their patients' teeth. The SHAC had a lively discussion. Alfred Walker (Walker Foodservice) was in attendance and again shared that all of the items served meet Federal and State nutrition guidelines. The "slushies" are made from a pear concentrate that is dyed to have the bright colors. Alfred also explained that the revenue that is created through these a la carte items is in the neighborhood of 100K annually. Several members of the SHAC expressed concerns with offering items on the serving line that do not seem to be in line with the SHAC's efforts to promote healthy living. The SHAC asked that the foodservice department look into options that could provide a "fun" and "attractive option" for students but also would provide more nutritional value and possibly a less sugar dense product.
- SHAC organization- Pete explained again the importance of parental involvement with the SHAC and specifically in the role of Chair or Co-Chair. Lisa Burns agreed to consider serving as a Chair or Co-Chair for the 2017-2018 school year. Pete also suggested that a request could be made to each school board member to appoint an additional SHAC member to join of SHAC for next year. Pete will discuss this more with our SISD School Board representative and SHAC member Elaina Reihl.
- The meeting was adjourned at 6:15.
- **Our SHAC meeting dates for the 2017-2018 school year are still to be determined.**