

**Seguin ISD
School Health Advisory Council
2018 Annual Report**

The Seguin ISD SHAC is coordinated by co-chairs Lisa Burns (Parent) and Trason Willemin (Parent).

The SHAC has three standing sub-committees-

Social- Emotional Health- Allison Willemin (Chair)
Physical Activity and Nutrition- Lyn Litchke (Chair)
SHAC Governance- Luis Moreno (Chair)

Ongoing SHAC goals-

- 1.) Promote student nutrition**
- 2.) Increase opportunities and access to physical activity for all students, staff and community.**
- 3.) Increase parental/community involvement to include support of coordinated school health and the SHAC.**
- 4.) Educate the whole child with health and wellness at the center of academic achievement.**

Notable achievements of 2018-

Revised meeting agenda and format.

To encourage increased parent participation, the SHAC created a standing agenda item that allows for parent concerns to be heard by the SHAC membership.

(SHAC Goal 1, 2, 3, 4)

Water Bottle fill stations.

Using a combination of fundraising and district financial support water-bottle fill stations have been installed at all campuses.

(SHAC Goal 1, 3, 4)

Recess policy.

To support a positive academic and social- emotional climate at all elementary campuses the SHAC drafted a resolution to push for a Board Policy that would require (2) daily recess sessions for all K-5 students. The policy goes further to disallow recess to be removed for student punishment.

(SHAC Goal 2, 3, 4)

SHAC Bylaws

The SHAC adopted a new set of Bylaws that re-establish membership and governance procedures and practice.

(SHAC Goal 3)