

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, September 22nd, 2021

- Welcome and Introductions
 - Mark Dibble called the meeting to order 5:33.
 - In attendance- Jacob Galvan, Michele Meehan, Mark Dibble, Ken Heebner, Lisa Lumpkin, Vickie Adams and Pete Silvius.

- Update on on-going projects-
 - Mark asked for an approval of the May meeting minutes. All SHAC members approved the minutes as written.

 - Pete provided an update on the district Covid-19 response.
 - The Covid-19 dashboard on the district website has been updated to include positivity rates.
 - Dr. Gutierrez announced a new 3-tier threshold plan based on positivity rates. These tiers will be used to determine Covid-19 response protocols in classrooms and at campuses. The SHAC was encouraged to review these protocols on the district website.

- Discussion on new projects-
 - Jacob Galvan continued to share the results of a Triennial Wellness Plan assessment called the WellSAT. This assessment measures the written wellness plan and not necessarily the practices within the district. This assessment will help us to update of district wellness plan to better reflect our goals and priorities. The assessment can be seen at this [link](#)
 - Discussions focused on the areas on the assessment that scored a 0 meaning that the topic was not addressed in the plan.
 - The following topics were discussed
 - Caffeine sold at the HS (*More discussion needed*)
 - PE Substitutions (*The SHAC would like to see language supporting the use of PE substitutions added to the plan. Current practice and policy in the district allow for PE substitutions*)
 - Physical Activity use as a punishment and reward (*The SHAC would like to see language added to the plan to promote PA as a reward and bar PA as a punishment*)
 - Safe Routes to School (*Further discussion needed*)

 - Michele Meehan shared that the Guadalupe County Child Advocacy center is seeing a rise in suicide attempts and ideation. Michele asked the district to increase training and distribution of resources related to suicide prevention.

 - SHAC membership was discussed. Pete will email all current members and ask if they would like to continue to serve out their term..

 - The SHAC meeting dates for 2021-2022 school year are-
 - September, 22nd 2021
 - November 17th 2021
 - January 19th 2022
 - March 23rd 2022
 - May 18th 2022

- Meeting adjourned at 6:19 with a motion by Michele and Carmen.