

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, February 21st, 2018

- Lisa Burns called the meeting to order at 5:41
- All were welcomed to the meeting. In attendance- Allison Willemin, Trason Willemin, Whitney Bischoff, Michele Meehan, Lisa Burns, Alejandra Aguilar, Shirley Hegwer, Julie Steele, Pete Silvius.
- January SHAC meeting minutes were approved with a motion by Julie Steele and second by Whitney Bischoff.
- The SHAC was asked to support a flexible agenda to allow for our online presenter (Dr. Rhea) to have additional setup time.
- Annee Imle (Common Threads) was introduced and she explained the many programs that Common Threads has available to Seguin ISD. Programming opportunities include classroom lessons for grades Pre-K-8th and parent and community lessons and presentations. Annee explained that SISD could have free access to this program through grant funding they have received through a SNAP grant. This funding will even include a small budget for healthy cooking supplies to support the classroom lessons. Pete will look into ways that SISD can include Common Threads programming in the schools. The SHAC will host at least one parent/community event utilizing a Common Threads presenter and materials. Annee will participate at the upcoming family resource night on March 1st at Ball EC.
- Dr. Debbie Rhea joined the SHAC via ZOOM to talk about the new LiiNK project initiative coming to SISD. LiiNK is a structural change to the school schedule and environment that recognizes the importance of character education and physical activity as providing a foundational support to student achievement. SISD will be rolling out the LiiNK project in cohorts starting with Jefferson and McQueeney in the fall of 2018. In 2019 (3) more campuses will come onboard and then in 2020 the last cohort of (2) campuses will join. The teacher training will start with K-1 staff in the first year and roll up one grade level each year to follow the students. Students will be taught daily character education lessons using the Positive Action curriculum. Students in the LiiNK schools will also participate in (4) 15-minute unstructured/outdoor recess opportunities per day. Pete shared that he is very excited for SISD and believes that these changes will support all students through improved focus, engagement and happiness. Dr. Rhea was asked to explain if our proposed recess policy would affect the LiiNK project. She explained that she would hope that we would keep in mind the 15-minute recess sessions that LiiNK requires when making our recommendation.
- Lisa presented the SHAC with water bottle fill station sponsorship forms and water bottle fundraiser forms. The SHAC will need initial sponsorships to allow for the purchase of the water bottles that will be used for fundraising. Pete will get a donation account set up with Seguin ISD to hold the sponsorship funds as they come in. Allison Willemin presented the SHAC with a donation of \$250.00 from the Ladies Auxiliary Post 9213. This donation will be used to support McQueeney Elementary fundraising efforts toward a bottle fill station.
- The SHAC discussed the recess policy and their frustration with the delay in response from the district. It was expressed that the discussion about LiiNK and the request to adjust the proposed policy felt like one more delay and more resistance with moving forward. Pete tried to explain that SISD recognizes the importance a recess policy and wants to ensure that students have access to recess on a daily basis and ensure that recess is not withheld for punishment or study hall. Pete will work to get the SHAC an opportunity to present the recess policy recommendation to the School Board. Pete also explained that Dr. Gutierrez is scheduled to greet that SHAC at our next meeting on March 28th 2018. The SHAC agreed to re-open discussion about the recess policy to make possible revisions before bringing it to the School Board. The SHAC hopes to move forward with the recess policy ASAP.
- The existing recess proposal/resolution drafted by Luis Moreno reads-

Seguin ISD shall require a student enrolled in elementary school to participate in unstructured and undirected recess for at least 20 minutes each school day throughout the school year. The period for play required by this policy may not be used to grant a reward or impose a punishment.

An additional 20 minute recess is recommended to be provided each day at teacher and principal discretion.

- Lisa explained that the SHAC would continue to discuss our adopted Human Sexuality curriculum-Worth the Wait. We will be looking at the Guadalupe County teen pregnancy rates and researching to ensure that we are providing the most up to date and relevant content available.
- Lisa Burns reminded the SHAC that our next meeting will be March 28th 2018 at 5:30 pm
- The meeting was adjourned at 6:47 with a motion by Whitney Bischoff and a second by Shirley Hegwer.