

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, March 26th, 2025

- Welcome and Introductions
 - Mark Dibble called the meeting to order at 5:36.
 - In attendance- Sarah Anderson (online), Arianne Canales, Mark Dibble, Trixie Ferguson (online), Jacob Galvan, Gina Richardson, Melissa Roman (online), Veronica Blair, Pete Silvius, Angela Sjolander, Katie Weatherly (online), Elizabeth Wilson, Edith Zeisloft (online).
 - Meeting Minutes from the January 15th SHAC meeting were approved with a motion by Sarah and a second by Gina.
- Member Business-
 - The SHAC continued to review the edits made to the Wellness Plan. Additional edits were suggested for nutrition topics such as caffeine, energy drinks. Additional comments related to increased recess and if PBIS should be included in the wellness plan. The SHAC will continue to discuss and edit leading up to and at the Maty 21st meeting. The Wellness Plan is linked [here](#).
 - Pete briefly shared an idea for the SHAC to host wellness events at the ILOLC. Examples include book study,
- Mark adjourned the meeting at 6:45 pm by unanimous consent.
- SHAC Meeting Dates 24-25
 - September 18th 2024
 - November 13th 2024
 - January 15th 2025
 - March 26th 2025
 - May 21st 2025