

**Seguin ISD  
School Health Advisory Council  
2019 Annual Report**

The Seguin ISD SHAC is coordinated by co-chairs Lisa Burns (Parent) and Trason Willemin (Parent).

The SHAC has three standing sub-committees-

**Social- Emotional Health-** Allison Willemin (Chair)

**Physical Activity and Nutrition-** Lyn Litchke (Chair)

**SHAC Governance-** Luis Moreno (Chair)

Ongoing SHAC goals-

**1.) Promote student nutrition**

**2.) Increase opportunities and access to physical activity for all students, staff and community.**

**3.) Increase parental/community involvement to include support of coordinated school health and the SHAC.**

**4.) Educate the whole child with health and wellness at the center of academic achievement.**

Notable achievements of 2019-

**SHAC support for new playgrounds-**

The SHAC reviewed and provided input during the design phase of the new playgrounds to be installed in 2020.

**(SHAC Goal 2, 3, 4)**

**SHAC support of the summer meal program-**

The SHAC continues to support the efforts of the Child Nutrition Department. SHAC members attended the the meal distribution at Park West.

**(SHAC Goal 1, 3, 4)**

**Triennial Assessment of the Wellness Plan-**

Efforts began to support the Child Nutrition Department with a Triennial Assessment of our Wellness Plan. The SHAC plans to use this opportunity to evaluate the effectiveness of our existing plan.

**(SHAC Goal 1, 2, 3, 4)**

**SHAC membership**

The SHAC welcomed a few new members and looks forward to their continued participation.

**(SHAC Goal 3)**