

Saegert Lunch

SEPTEMBER 2023

SERVED DAILY

FRESH WHOLE FRUIT & CHILLED FRUIT
1% WHITE OR FAT FREE FLAVORED MILK

Lunch Meal Prices:
STUDENT: ADULT:
FREE \$4.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 28	August 29	August 30	August 31	September 1
<u>HOT WINGS</u> Rolls, French Fries Celery & Carrot Sticks Ranch	<u>SPAGHETTI W/ MEATSAUCE</u> Garlic Breadstick, Italian Zucchini, Glazed Carrots	<u>TURKEY ROAST</u> Mashed Potatoes Peas & Carrots, Rolls	<u>CRISPY BEEF TACO STICK</u> Crema Sauce, Charro Beans Cucumber Tomato Salad	<u>LASAGNA</u> Garlic Breadstick Steamed Broccoli Mini Buttered Carrots
4	5	6	7	8
Labor Day *District Holiday*	<u>CORN DOG</u> Tator Tots Seasoned Green Beans	<u>BEEF TIPS over BROWN RICE</u> Southern Style Green Beans Steamed Broccoli	<u>CHICKEN FAJITA TACOS</u> Street Corn Charro Beans, Crema Sauce	<u>BEEFY MAC & CHEESE</u> Texas Toast, Corn on the Cob Peas & Carrots
11	12	13	14	15
<u>CHICKEN FRIED STEAK</u> Mashed Potatoes, Glazed Carrots, Roll, Cream Gravy	<u>CHICKEN PARMESAN</u> Garlic Breadstick Italian Roasted Vegetables	<u>CHICKEN NOODLE CASSEROLE</u> Steamed Broccoli Garlic Herb Carrots, Roll	<u>SOFT BEEF TACOS</u> Seasoned Corn Charro Beans Pico de Gallo	<u>STUFFED CHEESY BREAD</u> Marinara Sauce Curly Fries, Mixed Vegetables
18	19	20	21	22
<u>SALISBURY STEAK</u> Roll, Garlic Mashed Potatoes Seasoned Green Beans Brown Gravy	<u>PEPPERONI PASTA BAKE</u> Garlic Bread Stick French Fries	<u>CHICKEN SPAGHETTI</u> Steamed Broccoli Seasoned Corn	<u>SHREDDED CHICKEN SOFT TACOS</u> Shredded Cheddar Cheese Charro Beans, Lettuce & Tomato	<u>PEPPERONI CALZONE</u> Steamed Broccoli Mini Buttered Carrots
25	26	27	28	29
<u>HOT WINGS</u> Rolls, French Fries Celery & Carrot Sticks Ranch Ranch	<u>SPAGHETTI W/ MEATSAUCE</u> Garlic Breadstick, Italian Zucchini, Glazed Carrots	<u>TURKEY ROAST</u> Mashed Potatoes Peas & Carrots, Rolls	<u>CRISPY BEEF TACO STICK</u> Crema Sauce, Charro Beans Cucumber Tomato Salad	<u>LASAGNA</u> Garlic Breadstick Steamed Broccoli Mini Buttered Carrots

**** MENU IS SUBJECT TO CHANGE ****

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRILL	<u>Pizza Slice</u> Cheese	<u>Hot & Spicy Chicken Sandwich</u>	<u>Pizza Slice</u> Pepperoni	<u>Chicken Tenders</u> w/ Texas Toast & Gravy	<u>Cheeseburger</u>
SALADS	<u>Popcorn Chicken Salad</u>	<u>Chicken Bacon Ranch Salad</u>	<u>Crispy Chicken Chef Salad</u>	<u>Shredded Chicken Cobb Salad</u>	<u>Ham Chef Salad</u>

All Students Receive FREE Breakfast and Lunch

