

Seguin High School Lunch

# SEPTEMBER 2023

**SERVED DAILY**

FRESH WHOLE FRUIT & CHILLED FRUIT  
1% WHITE OR FAT FREE FLAVORED MILK

**Lunch Meal Prices:**

STUDENT: FREE    ADULT: \$4.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>August 28</b>	<b>August 29</b>	<b>August 30</b>	<b>August 31</b>	<b>September 1</b>
<b>LEMON PEPPER CHICKEN</b> Rolls, Mashed Potatoes Southern Style Green Beans	<b>SPAGHETTI W/ MEATSAUCE</b> Garlic Breadstick, Italian Zucchini, Glazed Carrots	<b>TURKEY ROAST</b> Mashed Potatoes Peas & Carrots, Rolls	<b>CRISPY BEEF TACO STICK</b> Crema Sauce, Charro Beans Cucumber Tomato Salad	<b>LASAGNA</b> Garlic Breadstick Steamed Broccoli Mini Buttered Carrots
4	5	6	7	8
<b>***Labor Day***</b> <b>*District Holiday*</b>	<b>CORN DOG</b> Tator Tots Seasoned Green Beans	<b>BEEF TIPS over BROWN RICE</b> Southern Style Green Beans Steamed Broccoli	<b>CHICKEN FAJITA TACOS</b> Street Corn Charro Beans, Crema Sauce	<b>BEEFY MAC &amp; CHEESE</b> Texas Toast, Corn on the Cob Peas & Carrots
11	12	13	14	15
<b>CHICKEN FRIED STEAK</b> Mashed Potatoes, Glazed Carrots, Roll, Cream Gravy	<b>CHICKEN PARMESAN</b> Garlic Breadstick Italian Roasted Vegetables	<b>CHICKEN NOODLE CASSEROLE</b> Steamed Broccoli Garlic Herb Carrots, Roll	<b>SOFT BEEF TACOS</b> Seasoned Corn Charro Beans Pico de Gallo	<b>STUFFED CHEESY BREAD</b> Marinara Sauce Curly Fries, Mixed Vegetables
18	19	20	21	22
<b>SALISBURY STEAK</b> Roll, Garlic Mashed Potatoes Seasoned Green Beans Brown Gravy	<b>PEPPERONI PASTA BAKE</b> Garlic Bread Stick French Fries	<b>CHICKEN SPAGHETTI</b> Steamed Broccoli Seasoned Corn	<b>SHREDDED CHICKEN SOFT TACOS</b> Shredded Cheddar Cheese Charro Beans, Lettuce & Tomato	<b>PEPPERONI CALZONE</b> Steamed Broccoli Mini Buttered Carrots
25	26	27	28	29
<b>LEMON PEPPER CHICKEN</b> Rolls, Mashed Potatoes Southern Style Green Beans	<b>SPAGHETTI W/ MEATSAUCE</b> Garlic Breadstick, Italian Zucchini, Glazed Carrots	<b>TURKEY ROAST</b> Mashed Potatoes Peas & Carrots, Rolls	<b>CRISPY BEEF TACO STICK</b> Crema Sauce, Charro Beans Cucumber Tomato Salad	<b>LASAGNA</b> Garlic Breadstick Steamed Broccoli Mini Buttered Carrots

**\*\*MENU IS SUBJECT TO CHANGE\*\***

**Main Line – Line 1**

**\*All Students Receive FREE Breakfast and Lunch\***



This Product is funded by USDA. This institution is an equal opportunity provider.



Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ASIAN EXPRESS</b>  <b>Line 2</b>	<b><u>CHICKEN &amp; BROCCOLI</u></b>  Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	<b><u>SWEET &amp; SOUR CHICKEN</u></b>  Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	<b><u>MONGOLIAN BEEF</u></b>  Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	<b><u>ORANGE CHICKEN</u></b>  Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	<b><u>HONEY SRIRACHA CHICKEN</u></b>  Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie
<b>DELI BAR</b>  <b>Line 3</b>	<b><u>BYO SANDWICH</u></b> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie / Flat Bread Assorted Vegetables & Dressings	<b><u>BYO SANDWICH</u></b> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie / Flat Bread Assorted Vegetables & Dressings	<b><u>BYO SANDWICH</u></b> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie / Flat Bread Assorted Vegetables & Dressings	<b><u>BYO SANDWICH</u></b> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie / Flat Bread Assorted Vegetables & Dressings	<b><u>BYO SANDWICH</u></b> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie / Flat Bread Assorted Vegetables & Dressings
<b>BRICK OVEN PIZZA &amp; SALADS</b>  <b>Line 4</b>	<b><u>Pizza Slice</u></b> Pepperoni Cheese  Buffalo Chicken  <b><u>Popcorn Chicken Salad</u></b>	<b><u>Pizza Slice</u></b> Pepperoni Cheese  Pepperoni w/ Jalapeno  <b><u>Chicken Bacon Ranch Salad</u></b>	<b><u>Pizza Slice</u></b> Pepperoni Cheese  BBQ Pulled Pork  <b><u>Crispy Chickens Chef Salad</u></b>	<b><u>Pizza Slice</u></b> Pepperoni Cheese  Pepperoni w/ Sausage  <b><u>Chicken Caesar Salad</u></b>	<b><u>Pizza Slice</u></b> Pepperoni Cheese  Supreme  Wings  <b><u>Ham Chef Salad</u></b>
<b>FIESTA BAR</b>  <b>Line 5</b>	<b><u>Nachos, Burrito, or Tacos</u></b> Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa, Queso	<b><u>Nachos, Burrito, or Tacos</u></b> Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa, Queso	<b><u>Nachos, Burrito, or Tacos</u></b> Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa, Queso	<b><u>Nachos, Burrito, or Tacos</u></b> Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa, Queso	<b><u>Nachos, Burrito, or Tacos</u></b> Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa, Queso
<b>MATADOR GRILL &amp; COUNTRY BASKET</b>  <b>Line 6</b>	<b><u>Burger Bar</u></b>  <b><u>Hot &amp; Spicy Chicken Sandwich</u></b>  <b><u>Hamburger</u></b>  <b><u>Toppings</u></b> Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad  <b><u>Chicken Tenders</u></b> w/ Texas Toast & Gravy  <b><u>French Fries</u></b> Vegetable of the Day	<b><u>Burger Bar</u></b>  <b><u>Crispy Chicken Sandwich</u></b>  <b><u>Hamburger</u></b>  <b><u>Toppings</u></b> Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad  <b><u>Steak Fingers</u></b> w/ Texas Toast & Gravy  <b><u>French Fries</u></b> Vegetable of the Day	<b><u>Burger Bar</u></b>  <b><u>Hot &amp; Spicy Chicken Sandwich</u></b>  <b><u>Hamburger</u></b>  <b><u>Toppings</u></b> Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad  <b><u>Boneless Wings</u></b> w/ Texas Toast & BBQ Sauce  <b><u>French Fries</u></b> Vegetable of the Day	<b><u>Burger Bar</u></b>  <b><u>Crispy Chicken Sandwich</u></b>  <b><u>Hamburger</u></b>  <b><u>Toppings</u></b> Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad  <b><u>Chicken Tenders</u></b> w/ Texas Toast & Gravy  <b><u>French Fries</u></b> Vegetable of the Day	<b><u>Burger Bar</u></b>  <b><u>Hot &amp; Spicy Chicken Sandwich</u></b>  <b><u>Hamburger</u></b>  <b><u>Toppings</u></b> Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad  <b><u>Boneless Wings</u></b> w/ Texas Toast & BBQ Sauce  <b><u>French Fries</u></b> Vegetable of the Day

