

Seguin High School Breakfast

Breakfast Meal Prices:

STUDENT: ADULT:

FREE \$2.75

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 28	August 29	August 30	August 31	September 1
<u>CEREAL</u>	<u>HOT FRENCH TOAST STICKS</u>	<u>OVERNIGHT OATS</u>	<u>SAUSAGE KOLACHE</u>	<u>BREAKFAST BAGEL PIZZA</u>
4	5	6	7	8
Labor Day *District Holiday*	<u>SAUSAGE EGG POTATO CHEESE BURRITO</u>	<u>WAFFLES w/ Syrup</u>	<u>FRUIT PARFAIT</u>	<u>PEANUT BUTTER & STRAWBERRY JELLY SANDWICH</u>
11	12	13	14	15
<u>CEREAL</u>	<u>SAUSAGE, EGG, & CHEESE UNCRUSTABLE</u>	<u>OVERNIGHT OATS</u>	<u>SAUSAGE KOLACHE</u>	<u>BREAKFAST BAGEL PIZZA</u>
18	19	20	21	22
<u>CEREAL</u>	<u>PEANUT BUTTER & GRAPE JELLY SANDWICH</u>	<u>PANCAKES w/ Syrup</u>	<u>FRUIT PARFAIT</u>	<u>BREAKFAST SAUSAGE GRAVY PIZZA</u>
25	26	27	28	29
<u>CEREAL</u>	<u>HOT FRENCH TOAST STICKS</u>	<u>OVERNIGHT OATS</u>	<u>SAUSAGE KOLACHE</u>	<u>BREAKFAST BAGEL PIZZA</u>

Build Your Own Breakfast

Breakfast Tacos <i>Mon, Wed, Fri</i>	Select Tortilla: Flour Corn	Select 1 Protein: Eggs Beans Carne Guisada	Add Toppings: Bacon Sausage Potato	Add Condiments: Pico de Gallo Red Salsa
Breakfast Sandwich <i>Tues, Thurs</i>	Select Bread: Biscuit Toasted Bun	Select Protein: Sausage Patty Crispy Chicken	Choice to Add: Egg Patty Hash Brown Cheese Slice	Condiments: Grape Jelly Strawberry Jelly Honey

****MENU IS SUBJECT TO CHANGE****

CEREALS

Cocoa Puffs	Apple Cinnamon Cheerios
Cinnamon Toast Crunch	Lucky Charms
Frosted Flakes	Froot Loops
Honey Nut Cheerios	Trix

OFFERED DAILY

FRESH/CHILLED FRUIT
100% FRUIT JUICE
1% WHITE MILK
OR FAT FREE CHOCOLATE MILK

All Students Receive FREE Breakfast and Lunch

